



Winter I
Pool - Competition @ YMCA of the Blue Water Area
 January 7th - March 3rd

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am		
	2 Member Lap Lanes 5am - 11am	2 Member Lap Lanes 5am - 11am	2 Member Lap Lanes 5am - 11am	2 Member Lap Lanes 5am - 11am	2 Member Lap Lanes 5am - 11am		
7am						Lap Swim 7am - 8am	
						2 Member Lap Lanes 7am - 11am	
8am	Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am	Aqua Pulse 8am - 8:45am	
9am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Open Swim 9am - 10am	Swim Lessons 9am - 12pm	
10am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am		Open Swim 10am - 1pm
					Water Safety - 4th Grade 10am - 11am		2 Member Lap Lanes 10am - 11am
11am	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	2 Member Lap Lanes 11am - 4pm	2 Member Lap Lanes 11am - 4pm
	2 Member Lap Lanes 11am - 4pm	SUP Core Workout \$ 11am - 11:30am	Op VETSTRONG: Aqua Pulse 11am - 11:45am	SUP Core Workout \$ 11am - 11:30am	2 Member Lap Lanes 11am - 4pm		
		2 Member Lap Lanes 11am - 4pm	2 Member Lap Lanes 11am - 4pm	2 Member Lap Lanes 11am - 4pm			
12pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Splash Down - River, Toys, Slide 12pm - 5pm	
1pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm		Splash Down - River, Toys, Slide 1pm - 4:30pm
				Home School Swim - Open Swim 1:15pm - 2:15pm			
3pm	PHASD Swim Team 3pm - 5pm	Open Swim 3pm - 4pm	PHASD Swim Team 3pm - 5pm	PHASD Swim Team 3pm - 4pm	PHASD Swim Team 3pm - 5pm		
4pm	2 Member Lap Lanes 4pm - 8:30pm	Prime Time 4pm - 4:45pm	2 Member Lap Lanes 4pm - 8:30pm	2 Member Lap Lanes 4pm - 8:30pm	2 Member Lap Lanes 4pm - 8:30pm	2 Member Lap Lanes 4pm - 7:30pm	2 Member Lap Lanes 4pm - 4:30pm
		2 Member Lap Lanes 4pm - 8:30pm		Swim Lessons 4:30pm - 6pm			
		Porpoise Club 4:30pm - 5:30pm					
5pm	H2O Flow 5pm - 5:45pm	H2O Flow 5:30pm - 6:15pm	H2O Flow 5pm - 5:45pm	Porpoise Club 5:30pm - 6:30pm	H2O Flow 5pm - 5:45pm	Open Swim 5pm - 7:30pm	
					Pooligans A 6 - 11 years old 5pm - 5:45pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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Area
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	MON	TUE	WED	THU	FRI	SAT	SUN
6pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm	Pooligans B 12 - 16 years old 6pm - 6:45pm		
7pm	Open Swim 7pm - 8:30pm	Open Swim 7:30pm - 8:30pm	Adult Swim Class - Advanced \$ 7pm - 8pm	Open Swim 7:30pm - 8:30pm	Splash Down - River, Toys, Slide 7pm - 8:30pm		

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Winter I
Pool - Recreation @ YMCA of the Blue Water Area
 January 7th - March 3rd

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
8am	Current Walk 8am - 9am	Open Swim 8am - 9am	Current Walk 8am - 9am	Open Swim 8am - 9am	Current Walk 8am - 9am		
9am	Warm World/Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Swim Lessons 9am - 12pm	
			Warm World/Open Swim 9am - 10am				
10am	Arthritis Aquatics 1 10am - 10:45am	Open Swim 10am - 11am	Arthritis Aquatics 1 10am - 10:45am	Open Swim 10am - 11am	Water Safety - 4th Grade 10am - 11am		Family Swim River Toys 10am - 1pm
11am	Arthritis Aquatics 1 11am - 11:45am	Arthritis Aquatics 2 11am - 11:45am	Arthritis Aquatics 1 11am - 11:45am	Arthritis Aquatics 2 11am - 11:45am	Arthritis Aquatics 1 11am - 11:45am		
12pm	Open Swim 12pm - 4pm	Open Swim 12pm - 1pm	Open Swim 12pm - 4pm	Open Swim 12pm - 1pm	Open Swim 12pm - 4pm	Splash Down - River, Toys, Slide 12pm - 5pm	
1pm		Physical Therapy-Open Swim 1pm - 3pm		Physical Therapy-Open Swim 1pm - 3pm			Splash Down - River, Toys, Slide 1pm - 4:30pm
				Home School Swim - Open Swim 1:15pm - 2:15pm			
2pm				Open Swim 2:15pm - 4:30pm			
3pm		Open Swim 3pm - 4pm					
4pm	Open Swim 4pm - 6pm	Prime Time 4pm - 4:45pm	Open Swim 4pm - 6pm	Swim Lessons 4:30pm - 6pm	Open Swim 4pm - 6pm		
5pm		Open Swim 5pm - 6pm				Family Swim River Toys 5pm - 7:30pm	
6pm	Family Swim River Toys 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm	Family Swim River Toys 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm		

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