



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



DONATE

HAT, SCARVES & MITTENS

DECEMBER 4-15

FOR THE YMCA'S CATCH Kids Club (CKC)

CATCH (Coordinated Approach to Child Health) is an evidence-based YMCA program designed to promote physical activity, healthy food choices and the prevention of tobacco use in children.

By teaching children that eating healthy and being physically active every day can be FUN, the CATCH Program has proven that establishing healthy habits in childhood can promote behavior changes that can last a lifetime.

CATCH Kids Club is grant & donor funded and is offered at the following elementary schools:

- Cleveland
- Crull
- Garfield
- Kimball
- Michigamme
- Roosevelt
- Woodrow Wilson
- Eastshore Leadership Academy

Items are being collected in six areas throughout the Y. You can also turn in items at the Welcome Center.