



Spring 2019
 Pool - Competition @ YMCA of the Blue Water
 Area
 April 29th - June 23rd

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am		
7am						Lap Swim 7am - 8am	
8am	Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am	Aqua Pulse 8am - 8:45am	
9am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Fit in 30 - Stand up Paddleboard Core with Jenny \$ 9am - 9:30am	Swim Lessons 9am - 12pm	
					Open Swim 9am - 10am		
10am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am		Lap Swim 10am - 12pm
11am	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm		
		Fit in 30 - Stand up Paddleboard Core with Jenny \$ 11am - 11:30am		Fit in 30 - Stand up Paddleboard Core with Jenny \$ 11am - 11:30am			
12pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Splash Down - River, Toys, Slide 12pm - 5pm	Open Swim 12pm - 1pm
1pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm		Splash Down - River, Toys, Slide 1pm - 4:30pm
				Home School Swim - Open Swim 1:15pm - 2:15pm			
3pm		Open Swim 3pm - 4pm					
4pm		Prime Time 4pm - 4:45pm		Swim Lessons 4:30pm - 6pm			
		Porpoise Club 4:30pm - 5:30pm					
5pm	H2O Flow 5pm - 5:45pm	H2O Flow 5:30pm - 6:15pm	H2O Flow 5pm - 5:45pm	Porpoise Club 5:30pm - 6:30pm	H2O Flow 5pm - 5:45pm	Open Swim 5pm - 7:30pm	
6pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm			
7pm	Adult Swim Class - Advanced \$ 7pm - 8pm	Open Swim 7pm - 8:30pm	Adult Swim Class - Advanced \$ 7pm - 8pm	Open Swim 7pm - 8:30pm	Splash Down - River, Toys, Slide 7pm - 8:30pm		
	Open Swim 7pm - 8:30pm		Open Swim 7pm - 8:30pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.

There are always 2 lanes available to members for lap swim.
 Blue Water Otters will run from 5/20 to 7/21.



Spring 2019
 Pool - Recreation @ YMCA of the Blue Water Area
 April 29th - June 23rd

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 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
8am	Current Walk 8am - 9am	Open Swim 8am - 9am	Current Walk 8am - 9am	Open Swim 8am - 9am	Current Walk 8am - 9am		
9am	Warm World/Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Warm World/Open Swim 9am - 10am	Swim Lessons 9am - 12pm	
			Warm World/Open Swim 9am - 10am				
10am	Arthritis Aquatics 1 10am - 10:45am	Open Swim 10am - 11am	Arthritis Aquatics 1 10am - 10:45am	Open Swim 10am - 11am	Water Safety - 4th Grade 10am - 11am		Family Swim River Toys 10am - 1pm
11am	Arthritis Aquatics 1 11am - 11:45am	Arthritis Aquatics 2 11am - 11:45am	Arthritis Aquatics 1 11am - 11:45am	Arthritis Aquatics 2 11am - 11:45am	Arthritis Aquatics 1 11am - 11:45am		
12pm	Open Swim 12pm - 6pm	Open Swim 12pm - 1pm	Open Swim 12pm - 6pm	Open Swim 12pm - 1pm	Open Swim 12pm - 6pm	Splash Down - River, Toys, Slide 12pm - 5pm	
1pm		Physical Therapy-Open Swim 1pm - 3pm		Physical Therapy-Open Swim 1pm - 3pm			Splash Down - River, Toys, Slide 1pm - 4:30pm
				Home School Swim - Open Swim 1:15pm - 2:15pm			
2pm				Open Swim 2:15pm - 4:30pm			
3pm		Open Swim 3pm - 4pm					
4pm		Prime Time 4pm - 4:45pm		Swim Lessons 4:30pm - 6pm			
5pm		Open Swim 5pm - 6pm				Family Swim River Toys 5pm - 7:30pm	
6pm	Family Swim River Toys 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm	Family Swim River Toys 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm	Splash Down - River, Toys, Slide 6pm - 8pm		

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