

# TIME FOR SOMETHING NEW



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**Are you in need of a reset? Kick 2020 to the curb and join us for a 6-week program designed to challenge people to grow in spirit, mind and body.**

## Join us for a FREE 6-Week Transformation Starting February 1, 2021

**SIX WEEKS. THOUSANDS OF TEAMMATES. 150 MINUTES/WEEK.**

### HOW IT WORKS

We'll experiment with challenges and rhythms designed to open us up to a purpose-driven life. So, take the Challenge, have some fun and discover what it means to Hit the RESET button!

### WEEKLY THEMES

- Week 1: Reset
- Week 2: Refresh
- Week 3: Reconnect
- Week 4: Replay
- Week 5: Reinvest
- Week 6: Restore

**TEXT RESET TO 888.814.1525 TO JOIN!**

Summary Terms & Conditions: Our mobile text messages are intended for subscribers over the age of 13 and are delivered via USA toll free number 8888141525. You may receive up to 24 message(s) per month for text alerts. Message and data rates apply. For help, text HELP to 8888141525, email [jmcelwain@bluewaterymca.com](mailto:jmcelwain@bluewaterymca.com), or call +1 8888141525. You may stop your mobile subscription at any time by messaging STOP to toll free number 8888141525. To opt back in, text UNSTOP followed by the keyword to toll free number 8888141525.

**REGISTRATION**  
Begins January 4th

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**RESET CHALLENGE**  
Begins February 1st

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**COST**  
FREE

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**WHO'S INVITED**  
Everybody