



Fall I 2020 - Youth & Family Schedule  
 Youth and Family @ YMCA of the Blue Water Area  
 August 31st - October 25th

1525 Third Street  
 Port Huron, MI 48060  
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
1pm				Home School Gym 1pm - 2pm			
4pm	Family Zip Zop Cardio 4:30pm - 5:15pm						
5pm	Drop In Soccer - \$ 5:30pm - 6:30pm	Drop In Volleyball - \$ 5:30pm - 6:30pm	Family Pound Fit 5:30pm - 6:15pm	Kids Circuit 5pm - 5:45pm			
			Drop In Field Hockey - \$ 5:30pm - 6:30pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.