



WII - 2019  
 Youth and Family @ YMCA of the Blue Water Area  
 March 4th - April 28th

1525 Third Street  
 Port Huron, MI 48060  
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
9am					Water Safety - 4th Grade 9:30am - 11am	Swim Lessons 9am - 12pm	
						Little Ninja's 9:15am - 10am	
10am						Little Tumblers 10:15am - 11am	Family Swim River Toys 10am - 1pm
11am						Family Yoga 11:15am - 12pm	
12pm				Home School Gym 12:15pm - 1:15pm		Splash Down - River, Toys, Slide 12pm - 5pm	
						Circuit - Adaptive 12:15pm - 1pm	
1pm				Home School Swim - Open Swim 1:15pm - 2:15pm		Dance Aerobics - Adaptive 1:15pm - 2pm	Brazilian Jiu Jitsu 1pm - 3pm
							Family Wellness-Duffy 1pm - 3pm
							Splash Down - River, Toys, Slide 1pm - 4:30pm
3pm						Futsal 3pm - 8pm	
4pm	Monday Movers 4:15pm - 5pm	Porpoise Club 4:30pm - 5:30pm		Swim Lessons 4:30pm - 6pm			
	Nationals Futsal 4:45pm - 9pm						
5pm	Pound Fit 5:15pm - 6pm	Youth Futsal Clinic 5:30pm - 6:30pm	Little Ninja's 5pm - 5:45pm	Kids Circuit 5:30pm - 6:15pm	Nationals Futsal 5:45pm - 8pm	Family Swim River Toys 5pm - 7:30pm	
			Sports of All Sorts 5:30pm - 6:15pm	Porpoise Club 5:30pm - 6:30pm			
6pm	Blue Water Otters 6pm - 7pm	Splash Down - River, Toys, Slide 6pm - 8pm	Blue Water Otters 6pm - 7pm	Splash Down - River, Toys, Slide 6pm - 8pm	Safety Around The Water 6pm - 6:30pm	Family Wellness-Duffy 6pm - 8pm	
	Family Swim River Toys 6pm - 8pm	Fit Families 6:15pm - 7pm	Family Swim River Toys 6pm - 8pm	Youth Strength Training 6:30pm - 7:15pm			
		Blue Water Otters 6:30pm - 7:30pm		Blue Water Otters 6:30pm - 7:30pm			
7pm					Splash Down - River, Toys, Slide 7pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.