



WII - 2019  
 Pool - Competition @ YMCA of the Blue Water  
 Area  
 March 4th - April 28th

1525 Third Street  
 Port Huron, MI 48060  
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am	Lap Swim 5am - 8am		
7am						Lap Swim 7am - 8am	
8am	Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am		Aqua Pulse 8am - 8:45am	Aqua Pulse 8am - 8:45am	
9am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Open Swim 9am - 10am	Power Splash 9am - 9:45am	Fit in 30 - Stand up Paddleboard Core with Jenny \$ 9am - 9:30am	Swim Lessons 9am - 12pm	
					Open Swim 9am - 10am		
10am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am	Silver Splash 10am - 10:45am	Aqua Pulse 10am - 10:45am		Open Swim 10am - 1pm
					Water Safety - 4th Grade 10am - 11am		
11am	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Open Swim 11am - 12pm	Fit in 30 - Stand up Paddleboard Core with Jenny \$ 11am - 11:30am	Open Swim 11am - 12pm		
			Op VETSTRONG: Aqua Pulse 11am - 11:45am	Open Swim 11am - 12pm			
12pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Lap Swim 12pm - 1pm	Splash Down - River, Toys, Slide 12pm - 5pm	
1pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm	Physical Therapy- Open Swim 1pm - 3pm	Open Swim 1pm - 3pm		Splash Down - River, Toys, Slide 1pm - 4:30pm
				Home School Swim - Open Swim 1:15pm - 2:15pm			
3pm		Open Swim 3pm - 4pm					
4pm		Prime Time 4pm - 4:45pm		Swim Lessons 4:30pm - 6pm			
		Porpoise Club 4:30pm - 5:30pm					
5pm	H2O Flow 5pm - 5:45pm	H2O Flow 5:30pm - 6:15pm	H2O Flow 5pm - 5:45pm	Porpoise Club 5:30pm - 6:30pm	H2O Flow 5pm - 5:45pm	Open Swim 5pm - 7:30pm	
6pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm	Blue Water Otters 6pm - 7pm	Blue Water Otters 6:30pm - 7:30pm	Safety Around The Water 6pm - 6:30pm		
7pm	Open Swim 7pm - 8:30pm	Open Swim 7:30pm - 8:30pm		Open Swim 7:30pm - 8:30pm	Splash Down - River, Toys, Slide 7pm - 8:30pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.

There are always 2 lanes available to members for lap swim.



WII - 2019  
 Pool - Recreation @ YMCA of the Blue Water Area  
 March 4th - April 28th

1525 Third Street  
 Port Huron, MI 48060  
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
8am	<b>Current Walk</b> 8am - 9am	<b>Open Swim</b> 8am - 9am	<b>Current Walk</b> 8am - 9am	<b>Open Swim</b> 8am - 9am	<b>Current Walk</b> 8am - 9am		
9am	<b>Warm World/Open Swim</b> 9am - 10am	<b>Warm World/Open Swim</b> 9am - 10am	<b>Open Swim</b> 9am - 10am	<b>Warm World/Open Swim</b> 9am - 10am	<b>Warm World/Open Swim</b> 9am - 10am	<b>Swim Lessons</b> 9am - 12pm	
			<b>Warm World/Open Swim</b> 9am - 10am				
10am	<b>Arthritis Aquatics 1</b> 10am - 10:45am	<b>Open Swim</b> 10am - 11am	<b>Arthritis Aquatics 1</b> 10am - 10:45am	<b>Open Swim</b> 10am - 11am	<b>Water Safety - 4th Grade</b> 10am - 11am		<b>Family Swim River Toys</b> 10am - 1pm
11am	<b>Arthritis Aquatics 1</b> 11am - 11:45am	<b>Arthritis Aquatics 2</b> 11am - 11:45am	<b>Arthritis Aquatics 1</b> 11am - 11:45am	<b>Arthritis Aquatics 2</b> 11am - 11:45am	<b>Arthritis Aquatics 1</b> 11am - 11:45am		
12pm	<b>Open Swim</b> 12pm - 4pm	<b>Open Swim</b> 12pm - 1pm	<b>Open Swim</b> 12pm - 4pm	<b>Open Swim</b> 12pm - 1pm	<b>Open Swim</b> 12pm - 4pm	<b>Splash Down - River, Toys, Slide</b> 12pm - 5pm	
1pm		<b>Physical Therapy-Open Swim</b> 1pm - 3pm		<b>Physical Therapy-Open Swim</b> 1pm - 3pm			<b>Splash Down - River, Toys, Slide</b> 1pm - 4:30pm
				<b>Home School Swim - Open Swim</b> 1:15pm - 2:15pm			
2pm				<b>Open Swim</b> 2:15pm - 4:30pm			
3pm		<b>Open Swim</b> 3pm - 4pm					
4pm	<b>Open Swim</b> 4pm - 6pm	<b>Prime Time</b> 4pm - 4:45pm	<b>Open Swim</b> 4pm - 6pm	<b>Swim Lessons</b> 4:30pm - 6pm	<b>Open Swim</b> 4pm - 6pm		
5pm		<b>Open Swim</b> 5pm - 6pm				<b>Family Swim River Toys</b> 5pm - 7:30pm	
6pm	<b>Family Swim River Toys</b> 6pm - 8pm	<b>Splash Down - River, Toys, Slide</b> 6pm - 8pm	<b>Family Swim River Toys</b> 6pm - 8pm	<b>Splash Down - River, Toys, Slide</b> 6pm - 8pm	<b>Splash Down - River, Toys, Slide</b> 6pm - 8pm		

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