



Winter I
Gym - East @ YMCA of the Blue Water Area
 January 1st - February 27th

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Boot Camp 5:30am - 6:15am		Boot Camp 5:30am - 6:15am		Boot Camp 5:30am - 6:15am		
6am	Open Gym 6:15am - 9:15am	Open Gym 6am - 6:45am	Open Gym 6:15am - 9:15am	Open Gym 6am - 6:45am	Open Gym 6:15am - 9:15am		
	Open Gym 6:15am - 9:15am	Pickleball 6:45am - 8:45am		Pickleball 6:45am - 8:45am			
8am		Open Gym 8:45am - 10:45am		Open Gym 8:45am - 10:45am			
9am	Enhance Fitness - Level 1 9:15am - 10am		Enhance Fitness - Level 1 9:15am - 10am		Enhance Fitness - Level 1 9:15am - 10am	Youth Basketball League 9am - 1pm	
10am	Warm World 10:45am - 12pm	Warm World 10:45am - 12pm	Warm World 10:45am - 12pm	Warm World 10:45am - 12pm	Warm World 10:45am - 12pm		
12pm	Pickleball 12pm - 2pm	Open Gym 12pm - 5:30pm	Pickleball 12pm - 2pm	Open Gym 12pm - 6pm	Pickleball 12pm - 2pm		
2pm	Open Gym 2pm - 5pm		Open Gym 2pm - 5pm		Open Gym 2pm - 5pm	Futsal League High School/Adult 2pm - 7pm	
5pm	Little Sporters (Age 4-6) 5:15pm - 6pm	Youth Volleyball League- \$ 5:30pm - 7:30pm	Youth Basketball League 5pm - 8pm		Youth Basketball League 5pm - 8pm		
6pm	Youth Basketball League 6pm - 9pm			Youth Volleyball League- \$ 6pm - 8pm			
7pm		Open Gym 7:30pm - 9pm					
8pm			Open Gym 8pm - 9pm	Open Gym 8pm - 9pm	Open Gym 8pm - 9pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Winter I
Gym - West @ YMCA of the Blue Water Area
 January 1st - February 27th

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Boot Camp 5:30am - 6:15am		Boot Camp 5:30am - 6:15am		Boot Camp 5:30am - 6:15am		
6am	Open Gym 6:15am - 8:15am	Pickleball 6:45am - 8:45am	Open Gym 6:15am - 8:15am	Pickleball 6:45am - 8:45am	Open Gym 6:15am - 10:15am		
7am		Open Gym 7:30am - 9am					
8am	Cardio & Core Workout 8:15am - 9am	Open Gym 8:45am - 5:30pm	Cardio & Core Workout 8:15am - 9am	Open Gym 8:45am - 12:15pm			
9am	Enhance Fitness - Level 1 9:15am - 10am		Enhance Fitness - Level 1 9:15am - 10am		Enhance Fitness - Level 1 9:15am - 10am	Youth Basketball League 9am - 1pm	
10am	Senior Boot Camp 10:15am - 11am		Senior Boot Camp 10:15am - 11am		Senior Boot Camp 10:15am - 11am		
11am	Open Gym 11am - 12pm		Open Gym 11am - 12pm		Open Gym 11am - 12pm		
12pm	Pickleball 12pm - 2pm		Pickleball 12pm - 2pm	Home School Gym & Swim \$ 12:15pm - 2:15pm	Pickleball 12pm - 2pm		
2pm	Open Gym 2pm - 5:15pm		Open Gym 2pm - 5:30pm	Open Gym 2:15pm - 6pm	Open Gym 2pm - 5pm	Futsal League High School/Adult 2pm - 7pm	
5pm	Y Sports (Ages 7-12) 5:15pm - 6pm	Youth Volleyball League- \$ 5:30pm - 7:30pm	Bitty Basketball Clinic-(Coed Ages K-2nd Grade)-\$ 5:30pm - 6:30pm		Youth Basketball League 5pm - 8pm		
6pm	Youth Basketball League 6pm - 9pm		Open Gym 6:30pm - 9pm	Youth Volleyball League- \$ 6pm - 8pm			
8pm				Open Gym 8pm - 9pm	Open Gym 8pm - 9pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.